

Print the Love

# LOVE TO NEPAL



November 1-14,  
2024

TRAVEL WITH PRINT THE LOVE

Serve the world with instant photographs!

Spread random acts of photo kindness in schools, hospitals, slums, and remote villages in and near Kathmandu, Nepal.

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# Love to Nepal

## TRAVEL WITH PRINT THE LOVE

It is our vision to visit the least-resourced countries on each continent and we invite you to come with us! Print the Love offers a once in a lifetime opportunity to travel and experience firsthand the impact and love of giving away instant photos. Led by experienced world-travelers, our trips integrate unique volunteer work on the ground with personalized experiential learning objectives and travel exploration.

Fall 2024, we will travel to Kathmandu, Nepal to give away instant photographs to schools, hospitals, and remote villages. We give away as many as we possibly can to children, parents, older adults, least-resourced, sick and healing. Whether in a schoolyard or the maternity ward, a gift so personal is seldom given in humanitarian efforts. The influence and impact on each person and their families is significant. We will be continuing to integrate our peace curriculum for schools and photo archival efforts in partnership with UltraPro.

### WHY GO?

This is so much more than a trip. We offer a unique opportunity to travel abroad as a community with 3 objectives in mind – 1) honoring and celebrating **others**, 2) honoring and celebrating **ourselves**, and 3) honoring and celebrating **the natural landscape**.

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Print the Love is about more than just giving away a photograph to those who have none. It is about hope, love, and encouragement. It is about uplifting others, helping them see the beauty in themselves regardless of their circumstance.

It is Print the Love's vision to see every person on earth feel loved, valued, and celebrated even amidst life's most difficult trials; that all would have access to photographs of family, friends, and life's most cherished memories and milestones.

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In addition to serving others with random acts of kindness love, we believe there is more in us than we know. Traveling changes us in ways that staying in our own environments could never do. This allows us to discover ourselves in a deeper way and become more self-aware. We facilitate personal learning outcomes focusing on self-awareness and self-care on the trip. And by participating in appreciating the natural landscape, we connect with something bigger than ourselves.

### WHO SHOULD GO?

You do not need to be a photographer to participate in Print the Love trips! A certain photography skill level is not required – kindness is. Do you want to create intentional time to make a unique impact on other's lives in under-resourced communities, travel to off-the-beaten-path destinations, experience new cultures, connect with local communities and individuals? Do you desire to work on knowing yourself better and practicing self-care? Then this is the trip for you!

## TRIP LEADER

The trip will be led by Erica Roy-Nyline. Elyse has been on the Print the Love board of directors for 2 years and now serves as Secretary. Erica works in the International Education space, is the mother of two adult children, and an adventure-seeking traveler.

## DAY RUNDOWN (SUBJECT TO CHANGE):

Day 1 – Leave

Day 2 - Travel and Rest

Day 3 – Visit urban schools in Kathmandu

Day 4 – Visit urban area and hospitals in Kathmandu

Day 5 – Travel to Mountain rural area

Day 6 – Visit Mountain schools and hospitals

Day 7– Rest Day

Day 8 – Visit remote village

Day 9 – Adventure Exploration Day

Day 10 – Travel Day

Day 11 - Visit small town schools

Day 12 – Visit small town markets and hospitals

Day 13 - Travel to Airport

Day 14 – Arrive Home



## COSTS

The total cost is \$3,960 (\$3,846\*) per person. This includes 3 meals/day for 12 days, lodging for 11 nights, instant camera, film (500 pieces), travel insurance, visa, ground transportation, translator and adventure tour. We will be staying in rustic guesthouses. Depending on the lodging availability, single rooms will always be the priority. Double-occupancy lodging may be necessary. This does not include airfare.

Other costs include a passport, if you don't have one, vaccine requirements, and personal spending money for meals in the airport, snacks and souvenirs. You may be able to save costs by using airline miles. Let us know if you need more information.

Trip payment deadlines are:

\$500 – due with application by June 1st, 2024

\$1,730 (\$1,673\*) – due by July 15th, 2024

\$1,730 (\$1,673\*) – Remainder due by August 15th, 2024

All payments are non-refundable. Payment can be paid by credit card, personal check, or fundraising.

\*Paying by check will have a 3% savings.

## FUNDRAISING

If you are planning to raise support for the trip, we offer help with writing fundraising letters or setting up an online crowdfunding site. All contributions are tax – deductible.

## TIME COMMITMENT

In addition to the trip, there will be a few things required of you to prepare. You will be required to be a part of 4 group meetings and 2 personal phone meetings. Once a month in July, August, September, and October we will have a 1.5-hour evening meeting to connect as a team online. Exact dates are to TBD once the team is finalized. Some meetings may require follow-up tasks. You will also be required to do two 1-hour personal phone meetings with trip leaders.

It is not required but encouraged to do some reading on Nepal and the culture, language, and history. Suggested resources will be shared.

## APPLICATION

Deposit and trip Application (online or mail in attached form) due by June 1st, 2024. There are a limited number of spots. Applications are accepted on a first come first serve. The earlier you can start fundraising is helpful as well.

If you have any questions about Print the Love or this trip, email [hello@printthelove.org](mailto:hello@printthelove.org).

## POLICIES

All participants are required to sign our Vulnerable Persons Protection Policy and Ethical Image Protection Policy.

**PRINT THE LOVE TRIP APPLICATION  
(OR FILL OUT ONLINE AT PRINTTHELOVE.ORG/TRIPS)**

Full Name as it appears on Passport: \_\_\_\_\_

Passport Number: \_\_\_\_\_ Expiration Date (mm/dd/yyyy): \_\_\_\_\_

Birthdate: \_\_\_\_\_

Citizenship: \_\_\_\_\_ Country of Birth: \_\_\_\_\_

City and State where passport was issued: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Employer/School: \_\_\_\_\_

Do you prefer window or aisle seat?

Airline Frequent Flyer Numbers:

\_\_\_\_\_  
\_\_\_\_\_

Any other special travel requests we should know about? \_\_\_\_\_

**HEALTH QUESTIONS**

**Note:** The trip will require that all participants be physically and emotionally able to endure very difficult, strenuous and demanding conditions. A participant may be required to furnish a statement from his/her physician that they are able to withstand these kinds of third world conditions.

Do you have any chronic or current health problems that might be affected by the environment and living conditions in a third world country? (circle) Yes No

If yes, please give a brief description:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you have any dietary restrictions? (circle) Yes No

If yes, please give a brief description:

\_\_\_\_\_

**EMERGENCY CONTACTS**

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Email: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

**TRAVEL AND PHOTOGRAPHY EXPERIENCE**

Have you ever travelled outside the US before? (circle) Yes No

If yes, please give a brief description of where and for what purpose (tourist, business, volunteer work):

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What is your photography experience? (circle) Novice Amateur Skilled

**OTHER**

What are your favorite things to do?

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Do you speak any other languages?

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Do you have any other skills or talents we should know about?

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**This application must be submitted with a \$500 deposit. Make checks out to Print the Love and mail to: PO Box 22354, Minneapolis MN 55422 OR submit online at [printthelove.org](http://printthelove.org) by June 1st, 2024.**